

# ***MUSIC AS THERAPY***

## ***MUS 170 (CRN 34904)***

**This special on-line learning opportunity  
is available to you through**

**KAPI'OLANI COMMUNITY COLLEGE**

**Spring Semester 2008, January 14 – May 16**

*Instructor...Dr. Arthur Harvey*

*Music Professor-Author-Researcher-Performer*

**MUS 170 (CRN 34904) *Music As Therapy*** will explore the many roles and perspectives that music offers as a tool for therapy. Through readings, media and online discussions, participants will examine the relationship of Music Therapy to the Problems of the Brain/Mind, the Body, Emotions and Feelings, the Spirit, and Health, Wellness and Healing. The culminating project for each student will be to develop a multi-media presentation illustrating the diverse applications of music as therapy for personal and professional purposes.

*Topics will include an introduction to:*

**Music Therapy – Music And Health – Tomatis – MusicMedicine**

**Psychology of Music - Physiology - Adaptive Methods**

**Music and Autism – Music and Alzheimers – Music and ADHD**

**Neuromusicology – Psychoacoustics – Stress Management**

**Auditory Processing – Musical Development – Sound Therapy**

**Influence of Music on Human Behavior – Music & Immune System**

**Music Resources for Therapeutic Purposes – and**

**Music Therapy and Spirituality**

*To register in MUS 170, Music As Therapy,  
use CRN 34904*

*[www.myuhinfo.hawaii.edu/page/home](http://www.myuhinfo.hawaii.edu/page/home)*

*Three Undergraduate Credits (or Audit)*

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