

# MUSIC AS THERAPY

MUS 170 Section 0 (CRN 33681 or 33839)

This special on-line learning opportunity  
is available to you through

**KAP'OLANI COMMUNITY COLLEGE**  
Spring Semester 2010, January 11 – May 14

*Instructor...Dr. Arthur Harvey*

*Music Professor-Author-Researcher-Performer*

MUS 170, Section 0 (CRN 33681 or 33839) **Music As Therapy** will explore the many roles and perspectives that music offers as a tool for therapy. Through readings, media and online discussions, participants will examine the relationship of Music Therapy to the Problems of the Brain/Mind, the Body, Emotions and Feelings, the Spirit, and Health, Wellness and Healing. The culminating project for each student will be to develop a multi-media presentation illustrating the diverse applications of music as therapy for personal and professional purposes.

*Topics will include an introduction to:*

Music Therapy – Music And Health – Tomatis – MusicMedicine  
Psychology of Music - Physiology - Adaptive Methods  
Music and Autism – Music and Alzheimers – Music and ADHD  
Neuromusicology – Psychoacoustics – Stress Management  
Auditory Processing – Musical Development – Sound Therapy  
Influence of Music on Human Behavior – Music & Immune System  
Music Resources for Therapeutic Purposes – and  
Music Therapy and Spirituality

*To register for MUS 170, Section 0, Music As  
Therapy, use CRN 33681 or 33839  
[www.myuhinfo.hawaii.edu/page/home](http://www.myuhinfo.hawaii.edu/page/home)*

*Three Undergraduate Credits (or Audit)*

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